

# **Annual Report 2013**

Killinarden Drug Primary Prevention  
Group  
KDPPG  
&  
Women Reviewing Equality Networking  
Standards  
WRENS

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## **Introduction**

Congratulations KDPPG  
Twenty Years Old This Year  
&  
WRENS 12 Years.

2013 was a very challenging year for KDPPG and WRENS due to sever funding cuts to the KDPPG Project. The project produced a one year strategic plan; the work programme set a number of targets and goals for the project in relation to the organisations main working area's in order to ensure that satisfactory progress was being made in the achievement of the various targets and goals.

### **The annual review for 2013 involved two main actions:**

- The regular updating of a form which detailed all the individual actions that was delivered in 2013.
- Facilitated meetings of staff and facilitators. Facilitators meetings between the young people's programme, probation & WRENS Project & managers & board.

All of these reviews and evaluation activities have combined to provide a fairly comprehensive picture of the extent to which the 2013 work programme was being implemented in an effective manner.

### **The following annual report details the work of KDPPG and WRENS for the year 2013:**

- Work Area 1: Young Peoples Programmes
- Work Area 2: Female Offenders and Family Support Programmes
- Work Area 3: Networking & Interagency Work
- Work Area 4: Organisational development and training

## **Background**

K.D.P.P.G has been operational in the Killinarden area of west Tallaght since September 1993. It was set up by the Home School Liaison teachers and parents from the community, worried about the lack of education and the misinformation that existed around the drugs issues/problems. The group were particularly concerned about the information and awareness needs of young people in relation to drugs and alcohol. The lack of knowledge was evident around different types of drugs, effects and consequences of drug abuse and addiction. A needs analysis was carried out in local Schools in the Killinarden area. In this context it was considered necessary and appropriate to set up a local Drug Primary Prevention Group to network with Schools in delivering community S.P.H.E (Social Personal Health Education) Programmes.

In 2002 KDPPG made a successful application to the Probation and Welfare Services for “Women Reviewing Equality Networking Standards” (WRENS). This project aims to develop a range of activities and services for women in the Tallaght area who are affected by their own or family members anti social or criminal behaviour, with a view to breaking the cycle of such behaviour.

**This project is fully integrated into the work of KDPPG.**  
**Guiding Principles**

- The KDPPG/WRENS believes that local residents living in the Tallaght area have an important and significant role to play in drugs education and drugs prevention work within the local area.

- The KDPPG/WRENS is committed to the process of empowering and enabling local people through the provision of education, training, employment, facilitation, counselling and key working opportunities.
- The KDPPG/WRENS recognises the need for a multi-dimensional and integrated approach towards the drugs issue and anti social behaviour, an approach which requires the participation of a number of different organisations and agencies working together in pursuit of common goals.
- The KDPPG/WRENS believes that there is a clear link between high self esteem and healthy lifestyles (especially in relation to alcohol and drugs and anti social behaviour) and will continue to give equal priority to self esteem activities and to drugs awareness /education activities.
- The KDPPG/WRENS strives to maintain the highest standards of care and professionalism in the ways in which it manages its affairs and in the service / supports it provides to local people living in Tallaght.
- The KDPPG/WRENS is aware of the need for constantly reviewing and evaluating its main priorities and work focuses as new challenges emerge within the drugs & criminal justice area and as agencies and organisations develop new responses to the drugs and alcohol problem (which might affect the existing policies of the KDPPG/WRENS)
- The KDPPG/WRENS recognises the importance and the benefits of providing support to families within our community who have been affected by the many problems relating to alcohol, drugs, anti social behaviour and offending behaviour.
- The KDPPG/WRENS believes that it has a significant contribution to make in tackling the drugs issue in Tallaght due to the experiences, skills and the knowledge, which have been accumulated by the group members since the formation of KDPPG in 1993.

### **Project Aims:**

- To enhance the work of the probation service.
- To address offending behaviour.
- To provide appropriate information referrals.
- To provide high quality drug/alcohol education and awareness within our schools and community.
- To network with relevant local agencies.
- To create self belief and hope for a better tomorrow.
- To support and encourage people affected by self harm or suicide.

### **Board of Directors and Management Committee up to December 2013.**

Maria O Donoghue, Women Together Tallaght Network	BOD
Gerry Hegarty, Board Member	BOD
Charlie O'Connor, Retired T.D.	BOD
Sinead Greaney, KDPPG, Secretary	M
Robert O'Leary, Principal Sacred Heart Primary School	M
James Mulhare HSL Teacher Killinarden Community School	M
Liam Mc Laughlin, Coordinator of the SCP	M
Bernie O'Brien, Community Rep	M
Alice Murray KDPPG Manger	M
Lena Timoney, Senior Probation Officer	M
Marjo Moone, Board Member	M

### **Finance Sub Groups:**

Gerry Hegarty, Board Member

Maria O Donoghue, Women Together Tallaght Network

Sinead Mahon, Administrator and Facilitator in KDPPG/WRENS

Alice Murray, KDPPG/WRENS Manager

### **Professional Sub Groups:**

Marjo Moone, Board Member

Gerry Hegarty, Board Member

Maria O Donoghue, Women Together Tallaght Network

Bernie O'Brien, Community Rep

Alice Murray, KDPPG/WRENS Manager

### **Staff 2013**

<b>Manager:</b>	Alice Murray
<b>Project Workers:</b>	Margaret Murray
<b>Addition Councillor:</b>	Amanda Scully (to April)
<b>Administrator / Project Worker:</b>	Sinead Mahon
<b>Tús community work placement:</b>	Keith Farrelly
<b>Facilitators:</b>	Sinead Mahon Lorraine Brown Sheila O'Brien

**Work Experience:** three people on placement in 2013

Karl Cummins was referred through County Dublin VEC. He was currently doing a course with the VEC and had been accepted to Tallaght IT for an IT course in September.

Gerard Wilson was referred through the local drug task force for 40 hours currently studying a diploma in community drug work with URRUS/BYAP & UCD Dublin.

Danielle started a 6 week placement the 25th of March. Danielle was studying Social Studies in Tallaght IT in her 3rd year.



## **Work Area 1: Young Peoples Programmes**

The KDPPG school programmes have been operational in Killinarden Schools since 1994. Over a period of time the Programmes have extended, to other Schools within the Tallaght area. KDPPG programmes are now part of the SPHE School curriculum within our Schools. The success of the programmes is a result of a partnership approach with KDPPG/WRENS Principals / teachers within local Schools. The partnership has become stronger over the years which has resulted in the effective completion of the programmes within the Schools. The project has also facilitated information stands and talks in Schools. KDPPG programmes are evaluated internally annually.

The following outlines the aims and programme content, School programmes completed and information stands/ talks which KDPPG facilitated in local schools in 2013:

### **5th Class Community Awareness & Life Skill Programme (students aged 9-10)**

**Aim:** This programme aims to link in with SPHE curriculum within schools to build a better awareness. The programme aims to build self-confidence by teaching assertive behaviour, to create self-belief and hope for a better community, it provides information in relation to clubs and activities within the community and it aims to help young people explore feelings and develop healthy attitudes.

**Outcomes:** Many of the children who participated have become more assertive and are less inclined to succumb to peer pressure in relation to taking alcohol and drugs. As one teacher noted the fact that the project teaches the children to say no is one of the strongest parts of the project. Stephen Rourke KDPPG Evaluation report 2003.

Students will understand the three different types of behaviour, aggressive, passive & assertive. Students will understand the importance of discussing feelings. Students will acquire some knowledge of the effects of smoking and alcohol.

### **6th Class Drug Awareness Programme (students aged 11-12)**

**Aim:** This programme aims to build up awareness and understanding about different types of drugs (nicotine, alcohol and illicit drugs) and to outline the impact and the consequences of various drugs. The Drugs Awareness Programme begins in fifth and sixth class in primary School. KDPPG are conscious of the dangers of providing information about cigarettes, alcohol, solvents and illegal drugs at too early an age. Hence, the sequential nature of the various programmes - with the Self Esteem Programme taking place in fifth classes and the Drugs Awareness Programme, taking place in sixth classes.

**Outcomes:** The students have become more aware and informed about the dangers and consequences of alcohol/drug misuse and KDPPG programmes have provided clear and accurate information. “The course has taught me what happens to me if I get addicted to drugs”. “I learnt that drugs can kill me. I didn’t know that before”. (Comments from two participants) Stephen Rourke KDPPG Evaluation report 2003 “Students misinformation around drugs will be challenged and corrected. Students will have a more informed knowledge of drugs and alcohol, the law and the effects on a person. Students will understand the importance of choices and consequences in their lives. Students will have a clear understanding of assertive behaviour”.

## **Schools Completed in 2013**

### **Sacred Heart Primary**

6th Class Drug Awareness was successfully completed. It was delivered one day a week, for one hour, over a six week period. Started 14th October 2013.

**Number of facilitators: 4**

**Number of Students: 96**

5th Class Community Awareness & Life Skill Programme was successfully completed. It was delivered one day a week, for one hour, over a five week period. Started 14th October 2013.

**Number of facilitators: 3**

**Number of Students: 78**

### **St Mary's**

6th Class Drug Awareness was successfully completed. It was delivered one day a week, for one hour, over a six week period. Started 21st January 2013.

**Number of facilitators: 4**

**Number of Students: 48**

### **St. Dominic's**

6th Class Drug Awareness was successfully completed. It was delivered one day a week, for one hour, over a six week period. Started 12th February 2013.

**Number of facilitators: 2**

**Number of participants: 26**

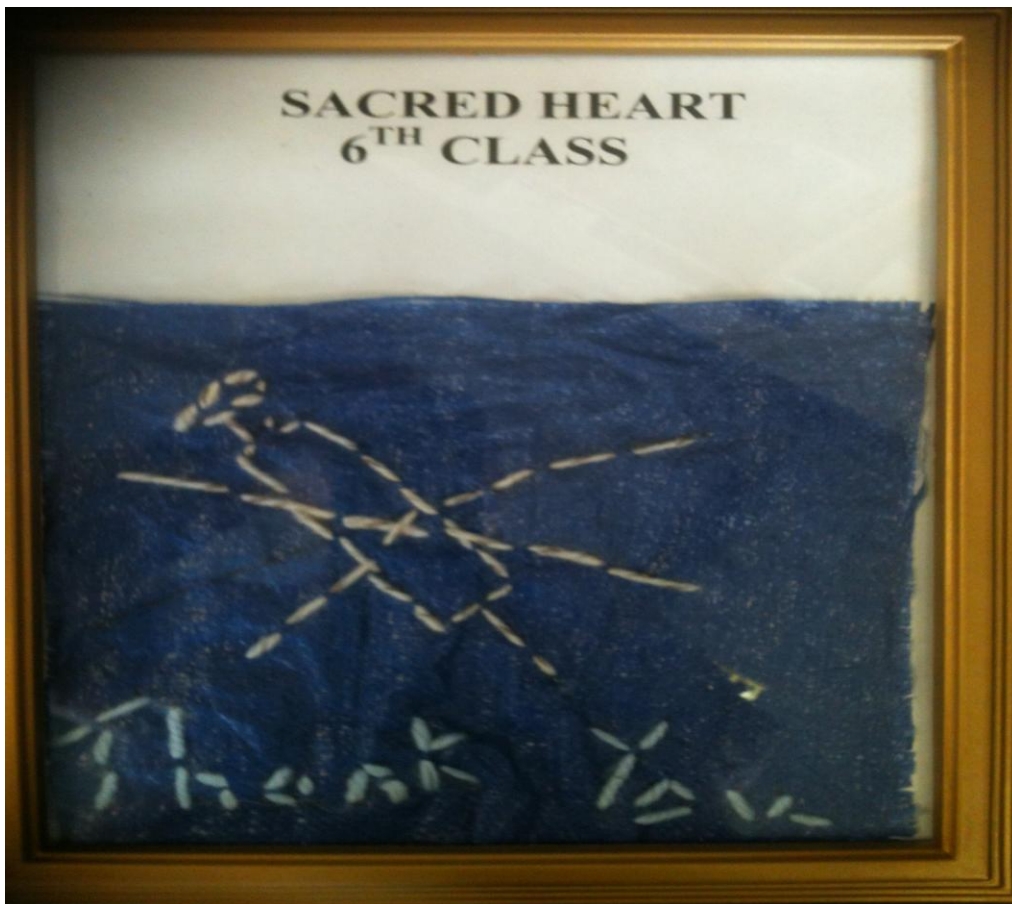
### **St. Maelruain's**

6th Class Drug Awareness was successfully completed. It was delivered one day a week, for one hour, over a six week period. Started 7th February 2013.

**Number of facilitators: 2**

**Number of participants: 26**

**Total Number of Primary School Students: 274**



## **Work Area 2: Family Support and Adult Programmes**

Family support plays a vital role within the project. This involves outreach and one to one confidential support for clients who have become marginalized and isolated in their own homes as a result of their own or family member's criminal/anti-social behaviour.

Following one to one support the clients are encouraged to take part in one of the courses the project provides. These courses provide personal development skills through a number of practical topics. Clients are also referred to other relevant agencies.

Another element of the work is providing clients with social skills, health talks, and social mornings/ evenings; this gives the clients a sense of belonging and the opportunity to mix with other adults in an informal way, helping develop their self believe and social skills.

In 2013 the project worked with many young people on a one to one basis. Sessions ranged from ten one hour sessions to ongoing support over the year. The goal is to enable young people to manage their own lives as individuals and support them to become more confident in communicating within their families and the wider community.

**Please see courses provided by the project, social events and number of clients catered for in 2013.**

## **Wrens Adult Programmes**

**In 2013 WRENS facilitated five different programmes:**

1. WRENS Assertiveness Group.
2. WRENS Communication Self Esteem Group.
3. The Anchor Project.
4. Peer Lead Family Support Group
5. Mothers of Young Offenders, in partnership with YPP link programme.

### **Programme 1 - WRENS Assertiveness Group:**

Duration: 10 weeks

Day: Tuesday

Time: 10.00 am – 1.00pm.

#### **Aim:**

The aim of the programmes is to enable groups of parents to come together as a support to each other as they learn a variety of assertive skills and apply them to their own situations. We learn to be assertive, not by reading about assertiveness or discussing it, but by trying it, one of the chief goals of the programme is to give people the opportunity to practise being assertive.

#### **Topics covered included:**

- Session one: rights and responsibilities
- Session two: what assertiveness means
- Session three: saying No!
- Session four; dealing with abuse and criticism

- Session five: giving constructive criticism
- Session six; encouragement and assertiveness
- Session seven: assertiveness a way of life
- Session eight; family communication
- Session nine: choices consequence & responsibility's
- Session ten: bringing it all back home, evaluation and moving forward

**Outcomes:** Understanding of what assertiveness is, how to be more assertive, say no without feeling guilty, increased self respect, be more respectful of others, better self expression, openness to change.

**15 women attended:**

- 6 women from WRENS Leadership Group
- 5 women from Saoirse women's refuge
- 2 probation clients
- 2 mothers of young offenders

**Programme 2 - WRENS Communication Self Esteem Group**

Duration: 6 weeks

Day: Tuesday

Time: 10.00 am – 1.00pm.

**Aim:**

WRENS 10 week Assertiveness Training Programme was completed in March with an evaluation week. Evaluation of the programme was a positive one. The emerging needs were:

Anger Management

Choices & Consequences

Personal Development

Drug & Alcohol Awareness

## Family Communication

### Information Sessions on Mental Health & MABS

DVD's from community projects e.g. plays. Sharing of information from other projects working in family support and addiction.

**Outcomes:** Raised awareness of who/what makes us angry. Retain emotional control when anger is triggered. Be open to changing negative mindsets. Develop a plan of action to fulfil a short/long term goal. Respect personal boundaries and encourage effective communication skills. Listen to others points of view without judging.



## Programme 3 - The Anchor programme

**Target Group:** The Anchor programme was a pilot initiative in the Tallaght area for women with a history of offending. This pilot project builds upon research and experience and aims to work with women in a new way. It was aimed at women who were currently on or were recently on Probation supervision or had served a sentence in the Dochas centre. It was a collaborative approach with local agencies and services in Tallaght all contributing to the pilot.



**Programme:** The long-term vision of this gender specific programme was to reduce their offending/ risky behaviour, build their capacity and confidence.

The programme seeks to engage female offenders in a therapeutic and skills focused rehabilitative way, supported by key working and individual care plans. It provided a daily routine to support women. The programme used a strengths based approach to enhance skills and the resilience women have to change and manage their own lives in the community.

Various agencies were involved in this initiative include Tallaght Drugs Task Force, The Probation Service, Tallaght Probation Project, WRENS, Barnardos, CARP, and South Dublin County Council, South Dublin County Partnership.

The programme was held in Tallaght Village, Three mornings per week for a period of twelve weeks, which commenced on the 17th September 2013. The centre opened from 9am – 1pm providing a safe and supportive space. From 10am – 12noon positive skills for living programme, brief interventions and hair/beauty programmes was delivered. It was anticipated that the women will mainly reside in the Tallaght and surrounding area or be in a position to commute to the venue.

The pilot programme was reviewed with a view to evaluating what has worked well or otherwise and the learning will help inform or practice. In addition, evaluation with programme users occurred on a weekly basis.

## **Workshops**

### **Topics covered included:**

Workshop 1: Team Building

Workshop 2: My Rights

Workshop 3: Assertiveness No.1 - Four Ways of Behaving

Workshop 4: Assertiveness No.2 - Skill Practise

Workshop 5: Communication Skills No.1 - Effective Listening

Workshop 6: Self Esteem

Workshop 7: Increasing self confidence

Workshop 8: Goal Setting

Workshop 9: Saying No Assertively

Workshop 10: Decision Making

Workshop 11: Anger management

Workshop 12: Problem Solving

Bibliography

### **Anchor Aftercare:**

In the last month of the programme the project focused on options for the women's aftercare. Each woman met with a member of staff for options available to them.

Further education and employment has been identified by four of the women and they have linked in with the local employment services who have assigned an individual mediator.

Three women have identified that they would like to access counselling and they have been referred to the Village Counselling Service.

Two women who have worked with Liz will move to CARP so they can continue to work on addiction issues.

Two women have been identified for additional support from their Probation Officers.

Two of the community returns client hours will complete the order by early January in TPP.

Three women have received support from Barnardos during the course of the programme and one has chosen to self refer to the Lorien project to avail of supports for her and her son.

Following on from the success of the 12 week Anchor Project, and in answer to the needs expressed by the clients, WRENS is delivering a female only 12 week life skills programme one morning a week, and a peer led knitting group one morning a week.

The clients will also be offered key work, crisis intervention and any other support they may need in a safe friendly environment.

#### **Programme 4 - Peer Lead Family Support Group:**

In 2012 we saw the launch of our new initiative a Peer Lead Family Support Group, with 9 local women linked in with WRENS Project. In 2013 we see the group moving forward, building on skills, experience knowledge already achieved with the WRENS Project

#### **Aim:**

To provide continuing support for themselves as a group and individuals

To offer extra support for women affected in the area of bereavement, domestic violence, intimidation, their own or family member's criminal behaviour, drug alcohol abuse. To become affiliated with The Family Support Network (National family support network)

#### **“What is Peer Led Family Support?”**

According to the Oxford dictionary the ranges of meanings for the word peer include ‘an equal in standing or rank, one’s equal, one matched with another, a companion, Peer led family support is a form of support for families who have a common issue, such as drug use in the family. Groups of individuals come together to help each other, to share their experience with other members of the group, both by talking about their own situation and by listening to the stories of others. In this way people gain strength, comfort support and a sense of belonging from each other.

All these words serve to give some sense of the meaning of the term peer. Feedback from groups indicates that members value the sense of being among people who understand their plight and will accept them without judgement. This is important to the ethos of the family support group.

Peer lead means that members of the group lead the process. This means that the group is there for its members and responds to the ongoing needs of members. The emphasis is on tuning into the needs in a compassionate and solution focused way. It means encouraging ownership and involvement within the group and empowering members to take responsibility.

Peer led family support is about self-care, personal development and growth. It is about listening, expressing emotions, practising hope, friendship, seeking solutions, being resourceful and being reflective.” Good Practise Guidelines for Peer Led Family Support Groups Resource Pack, Family Support Network.

W.R.E.N.S is also affiliated to the National Family Support Network in August 2001 and by doing so has agreed to adhere to its Good Practice Guidelines.

In 2013 we seen the group moving forward and building on their knowledge, skills and experience already achieved within the WRENS Project.

**Programme 5 - Mothers of Young Offenders, in partnership with YPP link programme.**

Due to low referral numbers, both project workers WRENS/YPP decided to try to build relationships with the mothers, before starting a group. This was done by offering them one to one support through home visits, telephone calls and giving them other relevant and useful information on local support services. Coffee mornings were also organised to give the mothers an opportunity to meet other mothers in the same situation as themselves.

All mothers were offered one to one support with WRENS, and were encouraged to attend Wrens in house personal development programmes,

Unfortunately none of the mothers engaged with Wrens, and it appeared due to a lack of interest on the mother's behalf the home visit's also ceased.

## **Social Events**

### **Service of Hope and Commemoration:**

The National Family Support Group held there 15th Service of Hope Commemoration on the **1st February 2013** in Our Lady of Lourdes Church, Sean McDermott Street. This service is for people affected by deaths from drug abuse. It is the only service in Ireland that is attended by the President, Taoiseach and a representative from the Vatican.

**Three members of staff and four clients attended.**



### **Female offender's workshop:**

The workshop was a partnership approach between WRENS, TPP, LDTF and Tallaght Probation officers. It was held in Rua Red in Tallaght on the **5th of February**.

**Twenty four people attended.**

**Aim:** To engage female offenders in a gender specific way for Tallaght and surrounding areas. To support clients participate in project programmes and engage with relevant services, in a view to reducing their offending, build their capacity and confidence.

**Outcomes:** The outcome was the pilot Anchor Programme.

### **Tallaght Hope and Remembrance Service 2013:**

This service was organised by WASP Family Support and was held in Whitechurch Our Lady's of Good Counsel Church. This event happened on the **25th of September 2013**.

**Two members of staff and six clients attended.**



### **“Wasted”**

The play by the South Dublin Family Support Network on the **6th of April** in the Tallaght Stadium. The play was very successful in looking at the issues relating to family in addiction.

**One staff member and eight clients attended.**



## **TDTF Ceremony of Hope and Remembrance in partnership with SDCC**

LDTF - Family Support Tree of Hope and Remembrance

Ceremony was from 6.30 – 8.30 on the **9th of December**. This moving event provided the setting for everyone to remember those who have been lost in 2013 as a result of substance misuse, and to acknowledge how difficult Christmas can be for families affected by addiction.

**Number of participants: Seven clients & two staff attended.**



## **National Family Support Network AGM:**

This is a two day conference and is attended by 300 family support groups nationwide. It took place on the **19th / 20th of October 2013**. The conference was excellent really focused on families affected by addiction. The topic that most interested our clients was Child to parent's violence. Our clients felt that this huge issue is being discussed not just locally but at a national and international level. Feedback from all clients was all positive.

**Three staff and eight clients attended.**





### **Coffee Morning**

WRENS held coffee mornings throughout June, July and August in WRENS office to maintain regular contact and support with the clients, to inform them of any course's, workshop's or events they might be interested in attending, it also allows them to keep a bond and support they have with each other outside of the weekly group setting. The clients are aware the WRENS are available throughout the summer months should any of them require outreach or one to one support.

**Number of participants: 12**

### **Gaiety Theatre – Cabaret**

This was a musical held in the Gaiety Theatre and took place on the **30th October** 2013. Aim: is to give women a chance to broaden their social perspectives, network and socialise together, many of the women have never experienced the theatre before and were amazed at the sheer enjoyment of it. A few of the women that lived in Dublin all their lives didn't know where the Gaiety was.

**Number of participants: 22**

**Staff members: 3**



## **Interventions**

### **Keyworking – Home visits/counselling**

#### **Keyworking / one to one support:**

Keyworking is a process of providing one-to-one support, planning, goal setting, motivation for personal responsibility, linking in with other services and referrals.

The Keyworker usually has the most contact with the client.

#### **Definition of a counsellor:**

A counsellor is person trained to give guidance on personal or psychological problems.

#### **Home Visits / Outreach:**

Home visits is a service offered to clients who are isolated or withdrawn from society

The visit is carried out by the client's key worker in the hope that the client builds trust and is supported to attend the project for one to one and group work.

### **Supported Referrals To Other Services:**

- Pieta House, Suicide Crisis Intervention Centre
- 1life, 24 Hour Suicide Prevention Helpline
- C.A.R.P Killinarden Drug Treatment Centre
- Money Advice & Budgeting Service (MABS)
- St. Vincent De Paul
- Belgard Road HSE Alcohol Service,
- Anam Cara Bereavement Support Group
- Bethany Bereavement Support Group
- Domestic Violence Support Services Tallaght
- Alcoholics Anonymous (AA)

- Al-anon
- Narcotics Anonymous (NA)
- Yoda
- FAS
- Institute Technology Tallaght
- Mary Mercer Clinic
- Dolphin House
- South Dublin County Council
- SWAN Family Support
- Tallaght Garda Intimidation Team
- Family Doctor
- Local Credit Union

### **Work Area 3: Networking & Interagency Work**

**Introduction:** Although networking and Inter agency work can be very time consuming, it is a valuable and worthwhile part of our community development approach. KDPPG/WRENS are community representatives in a number of community and national organisations. Through board of managements/committees KDPPG/WRENS provided support and awareness on many community issues and also gained knowledge of National Policy changes that impacts our community. Networking and Interagency work, has enabled KDPPG/WRENS to work on practical projects in partnership with organisations in the Tallaght area. The approaches enable services to pool skills, resources and ensure a high quality programme of work. The following section details the committees/boards KDPPG/WRENS attend monthly, agencies and services the project networks with and conference and seminars attended in 2013:

**KDPPG/WRENS are represented monthly on the following B.O.M Committees:**

- Tallaght Drugs Task Force Board of Management
- Tallaght Drugs Task Force Family Support Sub Committee
- Tallaght Drugs Task Force Education and Prevention Sub Committee
- Tallaght Drugs Task Force Sexual and Health Sub Committee
- City Wide Board of Management
- Citywide Prison Forum
- Women Together Tallaght Network Board of Management
- Village Counselling Services Board of Management
- Tallaght – Female offenders Network
- K.E.E.P Killinarden Education Enhancement Programme Steering Committee
- West Tallaght Suicide implementation Group
- CAST Steering Committee
- Killinarden Safety Forum.
- Tallaght Female Offenders Pathways
- Tallaght Local Policy Forum

### **Summary of Conferences /Seminars/ Services Attended 2013**

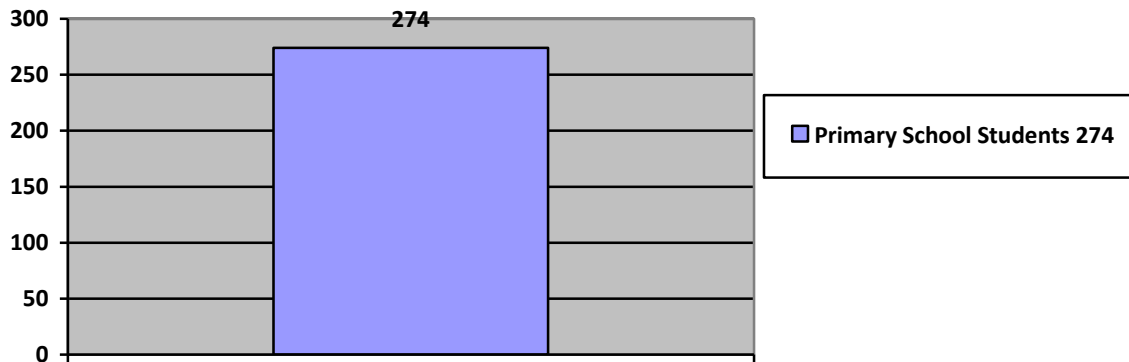
Month	Host	Conference/Workshop	No of Staff Attending
March	NCCWN - Clondalkin women's network	International women's day	3
	St. Andrews resource centre	Discussion about women addiction	1
April	VCS	Launch of child and adolescent service	1
	Fettercairn CC	Intimidation seminar	1
	WTTN	Citizens advice talk	1
May	TDTF	NDRIC	1
	Citywide	Criminalising addiction	2
June	Jigsaw	Open day	1
	Killinarden family resource centre	Hairdressing exhibition	2
	Louis Fitzgerald Hotel	Changing models in challenging times	1
July	Citywide	Campaign against cuts.	1
	NFSN	Drug related intimidation report	
August	Killinarden Family resource centre	Open Day	2

September	Fettercairn CC	Health fair	2
October	Citywide	Campaign against cuts.	1
November	IICP/VCS	Ten year anniversary celebrations.	1

#### **Area 4: Organisational Development & Training 2014**

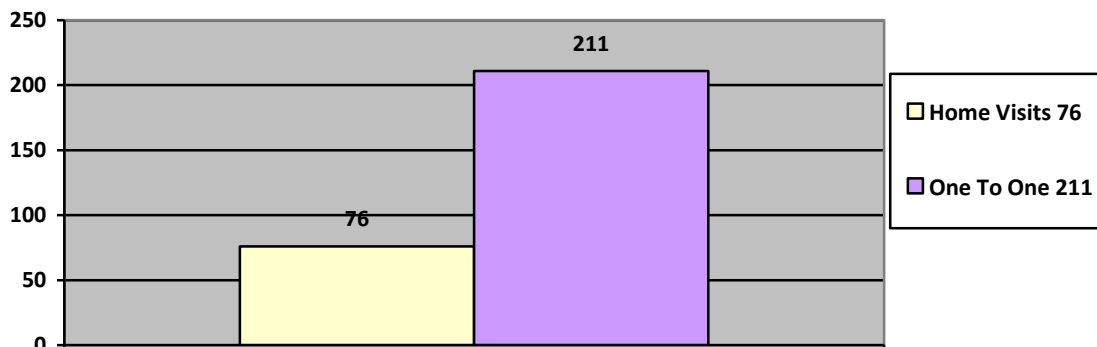
Host /facilitator	Course	Duration	Staff Attended
All Hollows Collage	You Bet Your Life Seminar On Compulsive Gambling & E Gaming	1 Day	1
IICP	Certificate in Foundation counselling & psychotherapy	20 weeks	1
HSE	Women's mental health	½ day	1
Dublin AIDS Alliance	STI workshop	1 Day	3
Janus Solutions	Stimulant workshop	2 Day	3
South Dublin County Enterprise Board	TAS Books Training	4 Days	1
CDI	Quality service	½ Day	1
HSE Glen Abbey	Alcohol Course	4 ½ Days	1
CARP	Boundaries workshop	1 Day	1

### **KDPPG TOTAL CLIENTS FOR 2013**



**TOTAL: 274**

### **TOTAL NUMBER OF HOME VISITS & ONE TO ONE SESSIONS IN 2013**

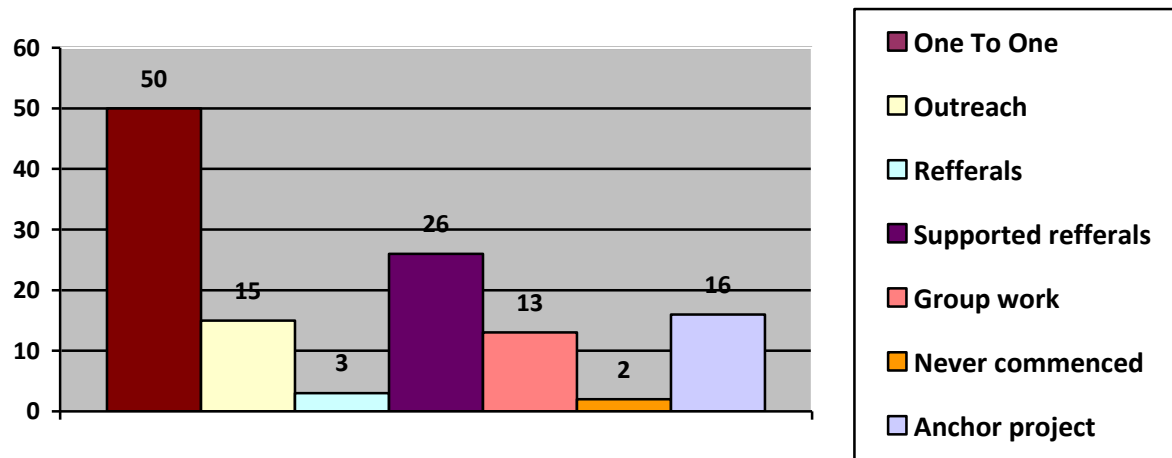


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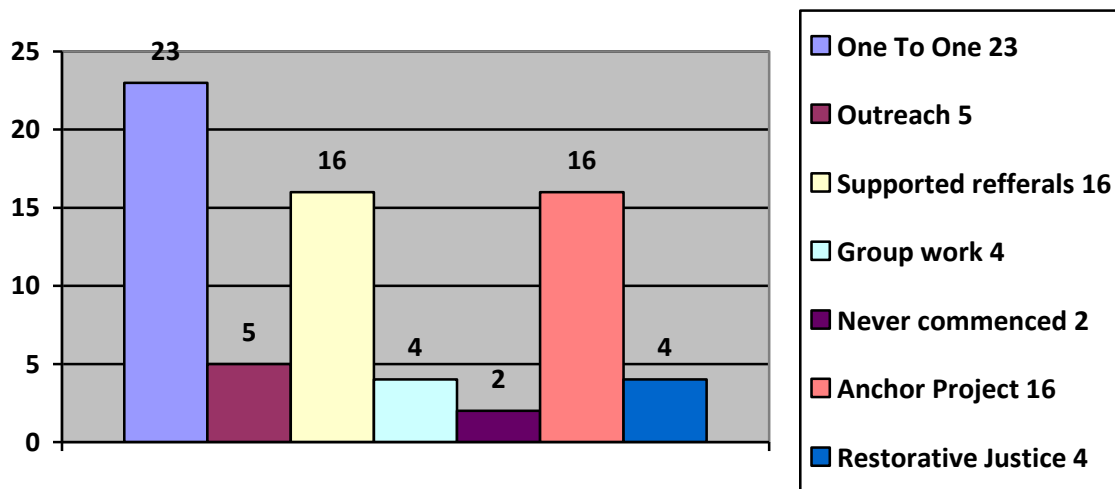
**TOTAL: 287**

Some clients avail of more than one of WRENS services during the duration of their time with us. They attend one to one key working sessions and participate in group work as well as attending coffee mornings which run throughout the year at various intervals. Clients are also referred into other services and supported throughout the process.

## **PROBATION AND WRENS TOTAL CLIENTS FOR 2013**



## **TOTAL PROBATION CLIENTS 2013**

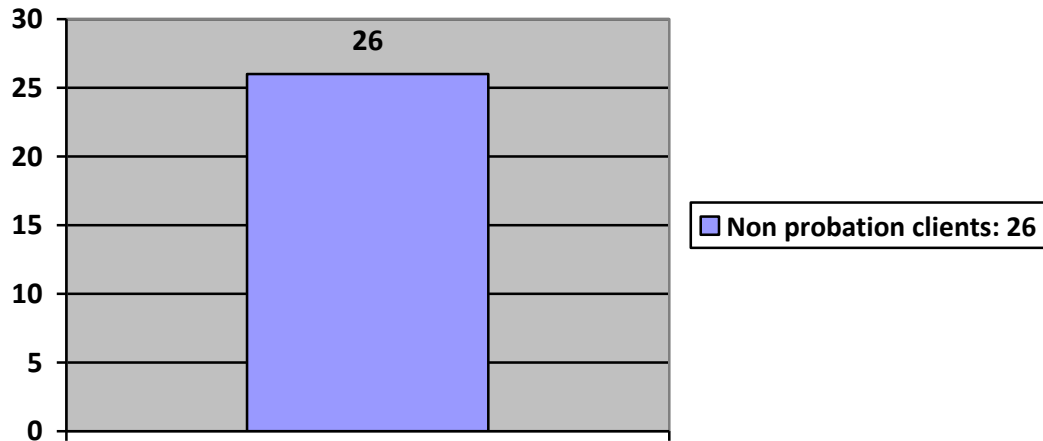


**TOTAL: 27 clients**

Some clients avail of more than one of WRENS services during the duration of their time with us. They attend one to one key working sessions and participate in group work as well as attending coffee mornings which run throughout the year at various intervals. Clients are also referred into other services and supported throughout the process.



### **NON PROBATION CLIENTS 2013**



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**TOTAL: 26 clients**

Some clients avail of more than one of WRENS services during the duration of their time with us. They attend one to one key working sessions and participate in group work as well as attending coffee mornings which run throughout the year at various intervals. Clients are also referred into other services and supported throughout the process.

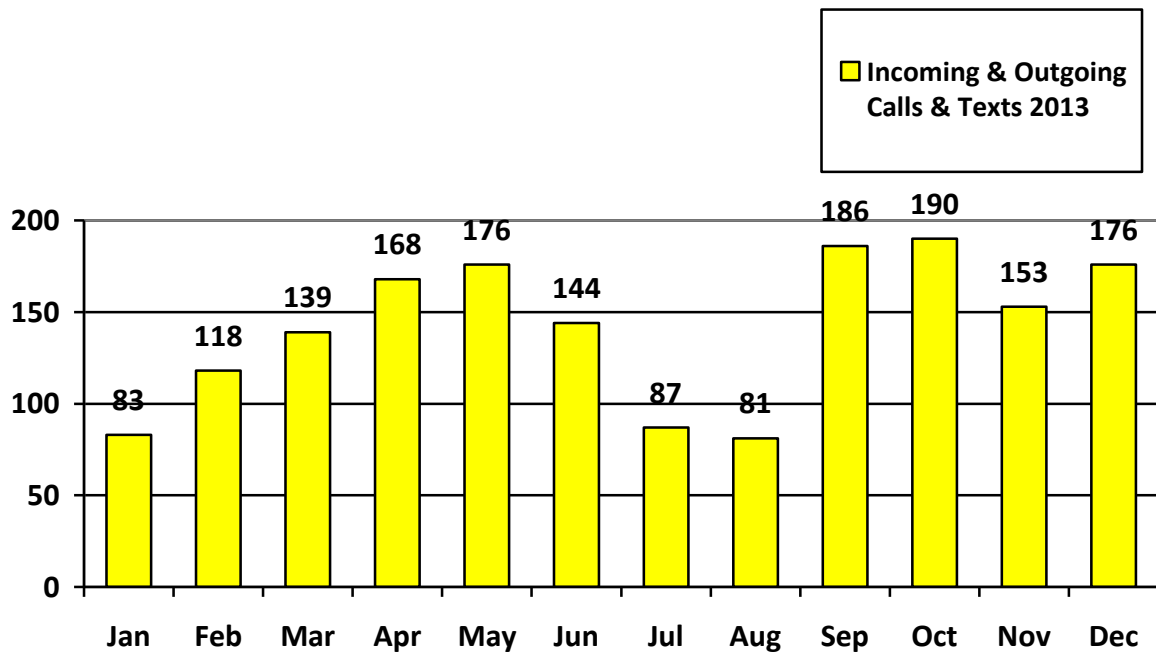
**Total number of KDPPG clients for 2013 = 274**

**Total number of probation clients for 2013 = 27**

**Total number of non probation clients for 2013 = 26**

**Total number of WRENS clients for 2013 = 53**

## **PHONE CALLS & TEXTS 2013**



**TOTAL: 1601**

**NOTE: ALL NUMBERS ARE APPROXIMATE.**

## **Conclusion**

Regardless of KDPPG's/WRENS funding difficulties the project successfully completed our strategic business plan.

On behalf of the Board we wish to extend our sincere Thanks to all the staff. The importance of us working as a team to achieve our goal was helped greatly by the spirit of co-operation that exists among the staff members. Thanks to Margaret Murray, Sinead Mahon, Keith Farrelly, Mandy Scully and Alice Murray - their constant good cheer, hard work, flexibility, willingness to go the extra mile time and time again has facilitated the success of our service.

Having said that and despite all, we still continue to provide an excellent service both professionally and at a personal level as we help support the aims of our funders.

The Board of Directors/Management Committee extends their sincere thanks to the following:

- The Probation Services
- VEC Co. Dublin committee in Partnership with LDTF
- Tallaght Local Drugs Task Force
- Project Auditors
- FAS
- Three people on Work Experience
- TUS