

Annual Report 2011

Killinarden Drug Primary Prevention
Group
KDPPG
&
Women Reviewing Equality Networking
Standards
WRENS

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Introduction

2011 was a very challenging year for KDPPG and WRENS due to severe funding cuts to the KDPPG Project. The project produced a one year strategic plan, which set a number of targets and goals for the project in relation to the organisations main working area's in order to ensure that satisfactory progress was being made in the achievement of the various targets and goals.

It was agreed in 2011 that an in house evaluation would take place at the end of each term, so that the progress could be assessed and revisions or alterations could be made.

The annual review for 2011 involved two main actions

- (1) The regular updating of a form which detailed all the individual actions to be delivered in 2011.
- (2) Facilitated meetings of staff and programme facilitators. Facilitators meetings between the young people's programme, probation & WRENS Project & managers & board of management members.

All of these reviews and the evaluation of activities have combined to provide a fairly comprehensive picture of the 2011 work programme, which was implemented in a very effective manner.

The following annual report details the work of KDPPG and WRENS for the year 2011

- Work Area 1: Young Peoples Programmes
- Work Area 2: Family Support and Adult Programmes
- Work Area 3: Networking & Interagency Work
- Work Area 4: Organisational development and training

Background

K.D.P.P.G has been operational in the Killinarden area of west Tallaght since September 1993. It was set up by the Home School Liaison teachers and parents from the community, who were concerned about the lack of education and misinformation that existed around the drug problems and related issues. The group were particularly concerned about the information and awareness needs of young people in relation to drugs and alcohol. The lack of knowledge was evident around the different types of drugs, their effects and the consequences of drug misuse and addiction. A needs analysis was then carried out in local Schools in the Killinarden area. In this context it was considered necessary and appropriate to set up a local Drug Primary Prevention Group to network with Schools in delivering community S.P.H.E (Social Personal Health Education) Programmes.

In 2002 KDPPG made a successful application to the Probation and Welfare Services for “Women Reviewing Equality Networking Standards” (WRENS). This project aims to develop a range of activities and services for women and young people in the Killinarden area who are affected by their family members’ anti social or criminal behaviour, with a view to breaking the cycle of such behaviour. This project is fully integrated into the work of KDPPG.

Guiding Principles

- The KDPPG believes that local residents living in the Killinarden area have an important and significant role to play in drugs education and drugs prevention work in the local area.
- The KDPPG is committed to the process of empowering and enabling local people through the provision of education, training, employment and facilitation opportunities.
- The KDPPG recognises the need for a multi-dimensional and integrated approach towards the drugs issue and anti social behaviour, an approach which requires the participation of a number of different organisations and agencies working together in pursuit of common goals.
- The KDPPG believes that there is a clear link between raised self esteem and healthy lifestyles (especially in relation to alcohol, drugs and anti social behaviour) and will continue to give equal priority to confidence building activities and to drugs awareness /education programmes.
- The KDPPG strives to maintain the highest standards of care and professionalism in the ways in which it manages its affairs and in the service and supports it provides to local people living in Tallaght.
- The KDPPG is aware of the need for constant reviewing and evaluating of its main priorities and work focuses, as new challenges emerge within the drugs & criminal justice area. It also monitors other agencies and organisations as they develop new responses to the drugs and alcohol problem which might affect the existing policies of the KDPPG
- The KDPPG recognises the importance and the benefits of providing support to families within our community who have been affected by the many problems relating to alcohol, drugs & anti social behaviour.
- The KDPPG believes that it has a significant contribution to make in tackling the drugs issue in Killinarden as a result of the knowledge, skills and experiences which have been accumulated by the group members since the formation of the KDPPG in 1993.

Project Aims:

- To enhance the work of the probation service
- To address offending behaviours
- To provide appropriate information & referrals to clients
- To provide intensive drug & alcohol education and awareness programs to empower clients to make informed choices.
- To network with relevant local agencies
- To promote and deliver personal development and other related courses.

Board of Directors and Management Committee

Jan - Sept 2011

Maria O Donoghue, Women Together Tallaght Network Chairperson	BOD
Ciara O Connor Tallaght Probation Project	BOD
Hilda Hamilton, Killinarden Community Centre	BOD
Sinead Greaney ,KDPPG, Secretary	M
Thomas Mac Carthaigh, Tallaght Probation Project	M
Robert O Leary Principal Sacred Heart Primary School	M
James Mulhare HSL Teacher Killinarden Community School	M
Roisin Kelly Co Dublin VEC	M
Paul Kavanagh	M
Liam Mc Laughlin	M
Berne O Brien Community Rep	M
Alice Murray KDPPG Manger	M

Sept – December 2011

Maria O Donoghue, Women Together Tallaght Network Chairperson	BOD
Paul Kavanagh, Counsellor	BOD
Charlie O' Connor retired T.D.	BOD
Sinead Greaney ,KDPPG, Secretary	M
Robert O Leary Principal Sacred Heart Primary School	M
James Mulhare HSL Teacher Killinarden Community School	M
Liam Mc Laughlin, Co – ordinator of the SCP	M
Berne O Brien Community Rep	M
Alice Murray KDPPG Manger	M

Staff

Manager:	Alice Murray
Project Workers:	Margaret Murray
	Marie Whelan
Administrator:	Sinead Mahon
Facilitators:	Sinead Mahon, Lorraine Brown
Staff liaison Officer:	Marie O' Donoghue WTTN
Volunteers:	Paul Perth
	James Kelly

Work Area 1: Young Peoples Programmes

The KDPPG school programmes have been operational in Killinarden Schools since 1994. Over a period of time the Programmes have extended to other Schools within the Tallaght area. KDPPG programmes are now part of the SPHE School curriculum within the Schools. The success of the programmes is a direct result of a partnership approach with KDPPG principals and teachers within these schools. The partnership became stronger which has resulted in the effective completion of the programmes within the schools. The project has also facilitated information days and talks in schools. And all KDPPG programmes and activities are evaluated on an ongoing basis.

The following outlines the aims and programme content, School programmes completed and information stands/ talks which KDPPG facilitated in schools or colleges in 2011:

5th Class Self Esteem Programme (students aged 8-10):

Aims to build confidence and raise self-esteem of fifth class students attending primary schools in Killinarden. The motivation for this programme emerged from an understanding of the importance of positive self-image as a means of preventing young people getting involved in drug misuse, anti-social behaviour or criminal behaviour. Self-esteem is raised by providing a platform for discussion and an opportunity for young people to talk about issues relevant to them. This programme also introduces nicotine and alcohol awareness.

6th Class Drug Awareness Programme (students aged 11-12):

Aims to build up an awareness and understanding around various types of drugs like nicotine, alcohol and illicit drugs and to outline the consequences and the impact of their use. The Drugs Awareness Programme begins in fifth and sixth class in primary school. KDPPG are conscious of the dangers of providing information about cigarettes, alcohol, solvents and illegal drugs at an early age and for this reason the Self Esteem Programmes take place in the third and fourth classes with the Drugs Awareness Programme following on and taking place in fifth and sixth classes.

Sacred Heart Primary School

6th Class Drug Awareness Programme was successfully completed. It was delivered one day per week with each session lasting one hour and the programme ran over a six week period.

Number of facilitators: 3

Number of Students: 60

St Marys Primary School

6th Class Drug Awareness Programme was successfully completed. It was delivered one day per week with each session lasting one hour and the programme ran over a six week period.

Number of facilitators: 2

Number of Students: 24

St. Dominic's Primary School

4th Class Self Esteem Programme was successfully completed. It was delivered one day a week with each session lasting one hour and this programme ran over a five week period.

Number of facilitators: 2

Number of Students: 30

6th Class Drug Awareness Programme was successfully completed. It was delivered one day per week with each session lasting one hour and the programme ran over a six week period.

Number of facilitators: 2

Number of participants: 24

Scoil Caitlin Maude

6th Class Drug Awareness Programme was successfully completed. It was delivered one day per week with each session lasting one hour and the programme ran over a six week period

Number of facilitators: 2

Number of participants: 24

Knockmore Primary School

6th Class Drug Awareness Programme was successfully completed. It was delivered one day per week with each session lasting one hour and the programme ran over a six week period

Number of facilitators: 2

Number of participants: 24

St. Maelruains Primary School

6th Class Drug Awareness Programme was successfully completed. It was delivered one day per week with each session lasting one hour and the programme ran over a six week period

Number of facilitators: 2

Number of participants: 24

Total Number of Primary School Students: 210

Old Bawn Community School

6th Year LCA Drug Awareness Programme (students aged 17-18 years)

The aim of the one day workshop is to build an awareness of Hash, cocaine & headshop drugs. To give practical information to young people to empower them to make informed choices. To outline the impact & consequences of using and dealing drugs, and holding drugs for friends.

Number of facilitators: 2

Number of participants: 125

Killinarden Community School

1st – 6th Year Relationship & Sexuality Education (students aged 13 -18 years)

The duration of each session was 40 minutes and the aim was to explore values and attitudes to sexual health and to dispel any myths relating to this. To cover topics like birth control, pregnancy, S.T.I's, and feelings of love. To look at valuing ourselves and having the right to say no. To provide information on local services and agencies who can offer support to young people.

Number of facilitators: 4

Number of participants: 675

Total Number of Secondary School Students: 800

Total number of students 2011: 1,010

Parents talks & Information Stands provided by KDPPG

The project organised information talks for parents and teachers in the local schools.

Aims:

- To provide support and guidance to local parents who request support and information about drugs and alcohol related issues.
- To help parents have more open communication with their children.
- To provide trainee teachers with an overview of the partnership that has developed a “best practice” approach to drug awareness and up to date drugs information through the SPHE school programme.

School/College	STUDENTS	
St Marys Primary School April 2011	55 Parents of 6 th class students	Information talk

Work Area 2: Family Support and Adult Programmes

Family support plays a vital role within the project. This involves outreach and one to one confidential support for clients who have become marginalized and isolated in their own homes as a result of their own, or family member’s criminal/anti-social behaviour.

Following one to one support the clients are encouraged to take part in one of the courses the project provides. These courses provide personal development skills through a variety of mediums and clients are also referred to other relevant agencies who can offer support. Another element of the work is to provide clients with social skills by providing information talks on various issues and hosting social mornings/evenings. This gives the clients a sense of belonging and the opportunity to mix with other adults in an informal way which helps develop their confidence and social skills.

In 2011 we worked with many young people on a one to one basis. Sessions ranged from ten one hour sessions to ongoing support over the year. The goal is to enable young people to manage their own lives as individuals and support them to become more confident in communicating within their families and the wider community. KDPPG/WRENS also affiliated to the National Family Support Network in August 2011 and by doing so has agreed to adhere to its Good Practice Guidelines.

KDPPG Family Intervention Programme

This programme which was supported by the local Drugs Task Force ran weekly from January to December 2011 and was held in KDPPG. Nine women completed the programme and some of the topics covered were drugs and alcohol awareness, stress management, conflict resolution and family communication.

Below details courses provided by the project, social events and number of clients catered for in 2011:

Wrens Adult Programmes

Family communication

In 2011 WRENS facilitated three different programmes

- One forty hour programme which ran over ten weeks on Peer Education & Leadership Skills
- One 24 week programme in partnership with YPP link programme, for mothers of young offenders and facilitated in the Tallaght Probation Project
- One ongoing Personal Development Group for women affected by their own or a family member's criminal behaviour and facilitated on site.

Topics covered included:

Addressing offending Behaviour

Choices and consequences

Anger management

Drug and alcohol awareness and education

Smoking cessation

Peer education

Leadership

Realistic goal setting

Mental health

What is Normal?

Conflict and intimidation within the family

Family Dynamics/Resolution

Behaviours within the family

Boundaries personal/family/social

Relaxation

Art work

Attitudes

Feelings

Women's health

Mindfulness

Collage work

SUPPORT

An in house evaluation with clients takes place at the end of each term where clients are encouraged to use the tools they have learnt to give feedback on the service provision. They are also supported in the knowledge that they can contact the office if issues arise.

HOME VISITS

Home visits are a service offered to clients who are isolated or withdrawn from society for a variety of reasons. The visit is carried out by the client's key worker in the hope that the client gains confidence and builds trust. The client is then supported and encouraged to attend the office for one to one and group work.

CASE STUDIES

There were a number of case studies carried out in 2011 with families linked in with many other services and some families in crisis situations. This involved interagency meetings to gather all relevant information to support the family in moving forward.

Social Events

Service of Hope and Commemoration:

This service is organised by the National Family Support Network which takes place annually on 1st February. The Service of Hope and Commemoration is in remembrance of people who have died from drugs or related causes in Our Lady of Lourdes church, Sean McDermott Street.

Three staff members and fourteen clients attended.

National Family Support Network AGM:

The event was organised by the National Family Support Network and held in the Green Isle Hotel on 5th November 2011, which was a full day event.

Three staff members and six clients attended.

Women's group yearly planning & evaluation session, including lunch

This was held in WRENS office, with all the women's groups the aim is to inform the women of the courses provided in 2011, and this enabled us to draw up work plans and schedules

Number of participants: 24

Coffee Mornings

Regular coffee morning's held during the months of June, July and August in WRENS office to maintain contact with local women and offer support when needed.

Number of participants: 24

Gaiety Theatre – “Big Maggie” Women from Wrens & Probation Group

Two staff members attended and the project worker for the YPP Project also attended.

22 women attended.

Feedback: fantastic night, both groups of women enjoyed meeting up socially.

Family Outreach Work & One to One Work

Completed 2011

Number of participants

	Probation	WRENS	Total
Adults Outreach:	7	12	19
Adults one to one:	16	14	30
Youth Outreach:	1	0	1
Youth one to one:	2	3	5
Referrals	10	7	17
supported referrals to other services:	5	4	9
Group Work	9	15	24

Recorded Outcomes

In 2011 KDPPG /WRENS implemented the Star Outcome Chart to measure work with clients. The chart enabled us to monitor the client's progression and we were quickly able to identify when clients were in difficulty or in a stuck mode.

Referrals from other services

Tallaght Probation service
Killinarden Local Schools (school principals and Home school Liaison Teachers)
Local Community Gardai
Local parish centre
Tallaght Partnership
Killinarden Youthreach
Travellers Community Development
Self referrals

Referrals to other services

Pieta House, Suicide Crisis Intervention Centre
1life, 24 hour Suicide Prevention Helpline
C.A.R.P Killinarden Drug Treatment Centre
M.A.B.S
St. Vincent De Paul
Belgard Road HSE Alcohol Service,
Anam Cara Bereavement Support Group
Bethany Bereavement Support Group
Domestic Violence Support Services
Alcoholics Anonymous (AA)
Al-anon
Narcotics Anonymous (NA)
Yoda
FAS
Institute Technology Tallaght

Work Area 3: Networking & Interagency Work

Introduction

Although networking and Inter agency work can be very time consuming, it is a valuable and worthwhile part of our community development approach. KDPPG are community representatives with a number of community and national organisations. Through board of managements & committees KDPPG provided support and awareness of many community issues and have also gained knowledge as a result.

Networking and Interagency work, has enabled KDPPG to work on practical projects in partnership with other organisations in the Tallaght area. This approach enables services to pool skills and resources in order to ensure a high level of quality of work.

The following section details the committees & boards that KDPPG attend monthly. It also shows the agencies and services the project networks with and conference and seminars attended in 2011:

KDPPG are represented monthly on the following B.O.M Committees:

- Tallaght Drugs Task Force Family Support sub Committee
- City Wide Board of Management
- Tallaght Probation Project Board of Management
- Women Together Tallaght Network Steering Committee
- Village Counselling Services Board of Management
- Killinarden Educational Enhancement Programme Steering Committee

Summary of Conferences /Seminars/ Services Attended 2011

Month	Host	Conference/Workshop	No of Staff Attending
January	F.S.N.	Launch	2
Feb	Citywide	Service of Commemoration	1
	Citywide	Launch	1
	L.D.T.F.	Review of service provision for women in prostitution	3
June	Ballyfermot Star	Service of Commemoration	1
July	Pavee Point	Seminar: Drugs in the traveller community	1
	H.S.E.	Child welfare	1
	H.S.E.	Mental health/dual diagnosis	1
August	Aidswest	Information day	1
September	Probation service	Database launch	1
	NADA Eireann	European Conference	1
October	Tallaght Rehab Project	Tallaght Hope & Remembrance service	1
Nov	Citywide	National Drugs Conference	2
Nov	F.S.N.	A.G.M.	2
Dec	Tallaght Child Welfare Network	Attachment	1
	Dochas & Citywide	Changing patterns in cocaine & crack use	1

Area 4: Organisational Development and Training2011

Host /facilitator	Training/Course	Duration	Staff Attended
South Dublin Children's Service	Training Course	1 day	1
Peninsula Business Services	Employment law, health & safety	½ day	2
H.S.E. & Bernardo's	Child Welfare	2 hours	2
H.S.E.	Mental Health /Dual Diagnosis	1	2
Ruhama	Workshop: Women's Health	2 ½ hours	3
WTTN Women Together Tallaght Network.	Training day	2 hours	2
TPP Tallaght Probation Project	Supervision Training	2 hours	1
TPP Tallaght Probation Project	Dual Diagnosis	2 hours	1

KDPPG Funding

Killinarden Drug Primary Prevention Group (KDPPG) is funded through VEC Co Dublin Educational Committee in partnership with LDTF. This covers all running costs for the project.

VEC Co Dublin Educational Committee in partnership with LDTF **€64,426.00**

Detailed Income & Expenditure

For the period ended 31st of December 2011

INCOME

Co. Dublin VEC 64,426.00

Other Income 2,246.00

LDTF funding 2,000.00

68,672.00

Staff Salaries Paye/Prsi 69,634.00

Facilitator/Tutors Fees 972.00

Allocated Management Overhead (10,000.00)

Rent & Insurance 11,303.00

Printing/stationery/post 1,645.00

Telephone 1,413.00

Travel & Subsistence 359.00

Services Costs -

Legal & Professional Fees 2,349.00

Bank & Interest Charges 293.00

Office Expenses/equipment 1,972.00

Sundries -

Depreciation -

(79,940.00)

Deficit of Income over expenditure (11,268.00)

WRENS Funding

Women Reviewing Equality Networking Standards (WRENS) is funded through the Probation Service, Department of Justice. This covers all running costs for the project.

Probation & Welfare Services	€90,250.00
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Detailed Income & Expenditure

For the period ended 31st of December 2011

INCOME

Probation & Welfare Service Income	90,250.00
Other Income	51.00
	90,301.00

Staff Salaries	72,027.00
Phone	406.00
Rent & Insurance	475.00
Office Expenses	1,401.00
Travel & Subsistence	981.00
Management Costs	10,000.00
Legal & Professional Fees	2,329
Bank & Interest Charges	42.00
Sundries	394.00
Group Work Expenses	1598.00

89,654.00

Surplus/deficit of income over expenditure	647.00
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Conclusion

Regardless of KDPPG's funding difficulties the project successfully completed the strategic business plan. On behalf of the Board I wish to extend our sincere thanks to all the staff. The importance of working as a team to achieve our goals has been helped greatly by the spirit of co-operation that exists among the staff whose constant good cheer, hard work, flexibility and willingness to go the extra mile time and time again has facilitated the ongoing success of our service.

Despite funding cutbacks, we still continue to provide an excellent service both professionally and at a personal level as we help support the aims of our funders.

The Board of Directors/Management Committee, extend their sincere thanks to the following

The Probation Services

VEC Co. Dublin committee in Partnership with LDTF

The Department of Education & Science

Tallaght Local Drugs Task Force

Project Auditors

County Dublin VEC 40 tuition hours

Five people on Work Experience

2 Volunteers

The following information is a summary report of the evaluation which was commissioned and then completed by the Tallaght Drugs task Force in November 2011.

TALLAGHT DRUGS TASK FORCE PROJECTS REVIEW & ASSESSMENT

EXECUTIVE SUMMARY

Introduction

In late 2009 the Office of the Minister for Drugs (OMD) instructed Drugs Task Forces to assess all projects in the context of a likelihood of a reduction in their global funding allocation for 2011. In particular, the OMD requested that DTFs assess all projects to ensure they,

- Are drugs targeted and evidence-based
- Can show tangible outputs and outcomes
- Contribute to the local drug strategy
- Address current gaps and local needs in their areas; and
- Demonstrate clear links with the priorities as set out in the National Drug Strategy 2009-2016.

Subsequently Sue Irving Ltd. was commissioned by TDTF to develop and apply an evaluation and assessment framework against which the TDTF projects could be assessed in relation to the OMD requirements, to apply that framework and report on the findings.

This work was commissioned in September 2011 and reported in November 2011

Summary findings of Evaluation commissioned by Tallaght Drugs Task Force in October 2011:

Project Name: Killinarden Drug Primary Prevention Group (KDPPG)
Project Sponsor: KDPPG
Project Code: Mainstream
Mainstream Funding: 64,426 Euros

Area for analysis	Assessment criteria	Max score	Actual score
Drugs focussed	<ul style="list-style-type: none">• Address current gaps and local needs• Aims and objectives have relevance to drug use and drug related harm• Project contributes to greater understanding of		

	drug use locally <ul style="list-style-type: none"> • Project beneficiaries have a direct link to drug use • Project contributes to the capacity to deliver an integrated local response to drug use 	40	28
Strategic fit	<ul style="list-style-type: none"> • Contribution to TLDTF strategy • Contribution to national drugs strategy • Actively contributes to shaping priorities • Funding fits with strategic priorities 	24	18
Activities	<ul style="list-style-type: none"> • Focus on greatest needs • Service user involvement • Range of activities • Ability to adapt and innovate • Quality of service 	20	16
Results	<ul style="list-style-type: none"> • Results culture • Evidence of positive results • Can show tangible outputs & outcomes • Quality of evidence • Sharing results • Project logic 	24	21
Potential	<ul style="list-style-type: none"> • Potential to grow or replicate • Potential to improve results • Potential to solve problems more widely • Willingness to change 	16	13
TOTAL		128	96

Comment: KDPPG delivers drug education and self-esteem programmes in schools and the wider Tallaght community. KDPPG also works with individuals and families with substance misuse issues to provide education, support and referrals. The focus taken by KDPPG is education, prevention and family support. KDPPG was established in 1993.

A major area of focus was and remains the development of community self-esteem as a preventative measure, taking head on the low community morale which results from drug use and its social and criminal consequences. It receives funding from the probation service for the Women Reviewing Equality Networks project, which is fully integrated into and enhances the work of KDPPG.

KDPPG was set up entirely to focus on the drugs problem and its impact, and clearly the size of the problem has grown markedly since then. The target group in particular is young people at high risk of drug use, and KDPPG offers drugs awareness and education to them and to the wider community as an approach to prevention. Teachers, parents and 02families are also targeted.

The KDPPG focus fits well with the prevention, education and early intervention aims of TDTF, and also with the prevention pillar of the national drugs strategy.

The family support provided delivers targeted support which also matches the aims of the Task Force and the national drugs strategy. Together the work elements fit very well with Actions 32 to 34 of the NDS which emphasise the need to integrate drugs education with local programmes, supports and networks. The project is represented on Task Force and works as part of a coherent local response, feeding in to the wider TDTF network. However this work has been more limited lately as a result of funding cuts which led the organisation to decide it was most important for the time being to focus on delivery of the programme plan. There is a clear will to feed into strategic priorities.

Drug education courses for parents, school teachers and pupils are run across the local schools. In the programmes for pupils, account is taken of gender issues in schools, with the different perspectives of and pressures on the genders recognised. This is one of a number of informal but significant elements of quality delivered by the project.

There are very good links in to local primary and secondary schools. Supporting and enhancing work with the schools is the family support and adult programme. This involves outreach and one to one confidential support for clients who have become marginalised and isolated in their own homes because of their own or a family member's drug related criminal / anti-social behaviour. Social skills are also provided in group settings, and again gender issues are considered. A wide range of referrals are made. Staff training is considered important, and is recorded and reported annually.

The project has issued best practice guidelines for the relationship between school and community. There is a great deal of feedback from both school and community representatives and service users and participants in the programmes, and all of these groups are consulted in project developments. There is a professional sub-committee which monitors delivery and quality on a two monthly basis.

KDPPG's 3 year strategic work plan demonstrates a convincing logic mode, and the plan sets milestones for each element of the programme. The Board carries out an annual review of progress, and there are evaluations for each session delivered. Outcome star charts are used to measure and track progress, allowing early identification of regression and appropriate intervention as well as measuring progress.

KDPPG has responded well to the range of new issues that have arisen in the schools and communities they serve. However, resources have become scarcer still in recent times. The project lost half of its funding last year, causing the loss of a project worker and four facilitators, and cuts to the community school programme. The project estimates that 50 families will be badly affected by any further cuts.

Schools agreed to pay for KDPPG facilitators to continue the sessions that would otherwise have been cut. This recognition demonstrates the project's reputation and potential.